

Local Wellness Policy Triennial Assessment

Schools participating in the National School Lunch Program and/or School Breakfast Program are required to have a Local Wellness Policy. At a minimum, the Local Wellness Policy must be assessed once every three years; this is referred to as the Triennial Assessment. Triennial assessments must determine, for each participating school under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies.

District Name: RCS 137

School Name: RISE Academy

Date Completed: 11/8/2024

Completed by: DeAndre Henderson

Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see [ISBE's Local Wellness Policy Content Checklist](#).

Goals for Nutrition Education

Nutrition Standards for School Meals

Wellness Leadership

Goals for Nutrition Promotion

Nutrition Standards for Competitive Foods

Public Involvement

Goals for Physical Activity

Standards for All Foods/Beverages Provided, but Not Sold

Triennial Assessments

Goals for Other School-Based Wellness Activities

Food & Beverage Marketing

Reporting

Part II: Goal Assessment

Indicate the Model Wellness Policy used for comparison against your Local Wellness Policy. Provide a narrative for each prompt below based on the findings.

Alliance for a Healthier Generation's Model Wellness Policy

Rudd Center's WellSAT 3.0

Other: _____

1. What strengths does your current Local Wellness Policy possess?

Goals of the program fit the model.

2. What improvements could be made to your Local Wellness Policy?

Program as implemented does not fit all criteria. However, plans to increase compliance have been submitted. Parent education should be a focus of the expanded lunch program at RISE.

3. List any next steps that can be taken to make the changes discussed above.

- Hire a Cafeteria Staff Worker.
- finish kitchen to have in-house food options created by students w/ nutritional information posted.