

## Local Wellness Policy Triennial Assessment

Schools participating in the National School Lunch Program and/or School Breakfast Program are required to have a Local Wellness Policy. At a minimum, the Local Wellness Policy must be assessed once every three years; this is referred to as the Triennial Assessment. Triennial assessments must determine, for each participating school under its jurisdiction, 1) compliance with the wellness policy, 2) progress made in attaining the goals of the wellness policy, and 3) how the wellness policy compares to model wellness policies.

District Name: ACS 181

School Name: Pleasant Acres

Date Completed: 9/25/24

Completed by: Lovette Harmon, Jessica Beck  
Lara Kelsch, Taylor Buchanan  
Kristina Stewart

### Part I: Content Checklist

Below is a list of items that must be addressed in Local Wellness Policies, based on U.S. Department of Agriculture (USDA) guidance. Check the box for each item included in your Local Wellness Policy. For any box that is not checked, consider taking steps to add the item(s) to the policy in the future. For more information, see [ISBE's Local Wellness Policy Content Checklist](#).

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|---|---|--|
| <input type="checkbox"/> Goals for Nutrition Education                    | <input type="checkbox"/> Nutrition Standards for School Meals                     | <input type="checkbox"/> Wellness Leadership   |
| <input type="checkbox"/> Goals for Nutrition Promotion                    | <input type="checkbox"/> Nutrition Standards for Competitive Foods                | <input type="checkbox"/> Public Involvement    |
| <input type="checkbox"/> Goals for Physical Activity                      | <input type="checkbox"/> Standards for All Foods/Beverages Provided, but Not Sold | <input type="checkbox"/> Triennial Assessments |
| <input type="checkbox"/> Goals for Other School-Based Wellness Activities | <input type="checkbox"/> Food & Beverage Marketing                                | <input type="checkbox"/> Reporting             |

**Part II: Goal Assessment**

Input the goals of your Local Wellness Policy into the table below for the corresponding areas: Nutrition Education, Nutrition Promotion, Physical Activity, and Other School-Based Wellness Activities. Indicate if the school is meeting, partially meeting, or not meeting each goal listed. Include any next steps in attaining the goal(s), if applicable. Table rows may be added for additional goals.

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
<b>Nutrition Education</b>				
Health eating cur. in PE.				
Ag in the classroom				
Garden club				

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
<b>Nutrition Promotion</b>				
all students qualify for B & L-Free				
only milk is sold				
district stated lunch & party policy.				

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
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Physical Activity				
daily brain/movement breaks				
mile challenge.				
30 mins./day recess				

Goals	Meeting	Partially Meeting	Not Meeting	Next Steps (If Applicable)
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Other School-Based Wellness Activities				
After school program				
Girls on the run				
After school sports				
Walk a thon				

### Part III: Model Policy Comparison

Indicate the Model Wellness Policy used for comparison against your Local Wellness Policy. Provide a narrative for each prompt below based on the findings.

Alliance for a Healthier Generation's Model Wellness Policy

Rudd Center's WellSAT 3.0

Other: \_\_\_\_\_

1. What strengths does your current Local Wellness Policy possess?

Discourage food as a reward. Veggie choices - encouraged to taste. Milk offered daily. Health after school. Whole grain - Food Program compliance.

2. What improvements could be made to your Local Wellness Policy?

Nutrition education across grade levels

3. List any next steps that can be taken to make the changes discussed above.

Add to scope & sequence of Science class